

2018 MAZZACANO CELLARS 'THE ROCKS' SYRAH

FREEWATER ROCKS VINEYARD Walla Walla Valley AVA

GRILLED SUPERIOR FARMS LAMB CHOPS

Served with Cherries, Red Quinoa Salad, & Licorice Infused Demi-Glace



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CanyonRiverGrill.com

GRILLED SUPERIOR FARMS LAMB CHOPS

Serves 4

INGREDIENTS

Lamb

Full Rack of Lamb (8 Bones),
Frenched and Cut Into Single Chops

Spice Mix

½ tsp	Ground Cardamom
1 tsp	Ground Coriander
1 tbsp	Salt
½ tsp	Pepper
1 tsp	Brown Sugar

Visit our Website... for the full recipe!

✓ Quinoa Salad ✓ Blistered Green Beans ✓ Bing Cherry Salad

DIRECTIONS

- 1. Combine spice mix, season lamb chops and refrigerate. Remove to room temperature 30 minutes before grilling
- 2. Cook quinoa (per package recommendations) and chill. Toss the quinoa with the vegetables and herbs. Whisk the oil and lemon, and mix through, season to taste and refrigerate until serving.
- 3. To make the sauce: render shallots, add licorice, bay, wine and reduce to sec. Add stock and simmer until reduced to sauce consistency. Season with spice mix and strain.
- 4. Preheat grill and cook lamb over medium flame to desired doneness.
- 5. Heat 1 tablespoon blended oil over high heat in a medium sauté pan. Blister blanched green beans over high heat and season with salt and pepper.
- 6. In a small bowl toss together the cherries, arugula, oil and balsamic. Season to taste.
- 7. Divide quinoa salad to center of 4 plates. Next arrange some beans over quinoa and top with 2 lamb chops. Spoon Sauce over lamb & top with cherry salad.



Prosser Tasting Room:

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